

# Colville Reservation COVID-19 Response

### Daily Update

Wednesday, April 1

#### Okanogan County reported COVID-19 cases

3 postive test 124 negative tests 36 pending tests

#### Ferry County reported COVID-19 cases

1 positive test 62 negative tests Number of pending tests unavailable

Yesterday, the Colville Tribal Fish and Wildlife Program announced the closure of non-tribal fishing on the reservation in response to the COVID-19 pandemic.Colville Tribal Courts also issued a release of new hours, which will be on Mondays, Tuesdays and Thursdays from 8 a.m. to 12 p.m. through the closure.

These two news items and others are shared on the Novel Coronavirus webpage (www.colvilletribes.com/novel-coronavirus) and on Facebook (www.facebook.com/COT-Broadcasts). Follow both for more information.

The Colville Incident Management Team continues to work alongside local partners to continue to prevent the spread of COVID-19 across the reservation.

Tomorrow, the team and the Colville Service Unit will hold a second drive-thru COVID-19 assessment at the Nespelem Clinic for current IHS patients. Lake Roosevelt Community Health Clinics also continues to serve the communities and is testing for COVID-19.

For emergencies, please call 9-1-1.

Colville Tribal EOC 509-634-7350

Washington Department of Health Hotline 1-800-525-0127

Find more information online: www.colvilletribes.com/novel-coronavirus

Facebook:

www.facebook.com/ColvilleTribune www.facebook.com/CCTBroadcasts

#### What you need to know to protect yourself

Older adults and people who have severe underlying chronic medical conditions like heart or lung disease or diabetes seem to be at higher risk for developing more serious complications from COVID-19 illness. Please consult with your health care provider about additional steps you may be able to take to protect yourself.

#### **Know How it Spreads**

- There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19).
- The best way to prevent illness is to avoid being exposed to this virus.
- The virus is thought to spread mainly from person-to-person.
  - Between people who are in close contact with one another (within about 6 feet).
  - Through respiratory droplets produced when an infected person coughs or sneezes.
- These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

## Take Steps to Protect Yourself Clean your hands often

- Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.
- Avoid touching your eyes, nose, and mouth with unwashed hands.

#### **Avoid close contact**

- Avoid close contact with people who are sick.
- Put distance between yourself and other people if COVID-19 is spreading in your community. This is especially important for people who are at higher risk of getting very sick.

#### Take Steps to Protect Others

- Stay home if you are sick, except to get medical care. Learn what to do if you are sick.
- Clean AND disinfect frequently touched surfaces daily. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.