



# Colville Reservation COVID-19 Response

## Daily Update

Wednesday, April 1

### Okanogan County reported COVID-19 cases

4 positive test  
159 negative tests  
40 pending tests

### Ferry County reported COVID-19 cases

1 positive test  
62 negative tests  
Number of pending tests unavailable

The Colville Tribes Emergency Operations Center would like to ask our community for help in preventing the spread of COVID-19 on the Colville Reservation.

Although we currently only have one case, we suspect COVID-19 is circulating slowly in our community, and we anticipate more will come.

In our daily messages, we have continued to ask our community to stay home and stay safe. We have asked the community to wash their hands and maintain social distancing practices through online posts and on community boards, but we need your help. Not everyone has internet and not everyone sees our boards.

**Please call each other and encourage each other to stay home and stay safe.** Grandmas and Aunties, call your young people and ask them to stay home and practice social distancing. Uncles and Grandpas tell your young people to be smart. Young people, call to check on your elders.

We all need to work together to stop the spread of COVID-19 on the reservation.

*For emergencies, please call 9-1-1.*

**Colville Tribal EOC**

**509-634-7350**

**Washington Department  
of Health Hotline**

**1-800-525-0127**

*Find more information online:*

**[www.colvilletribes.com/novel-coronavirus](http://www.colvilletribes.com/novel-coronavirus)**

*Facebook:*

**[www.facebook.com/ColvilleTribune](https://www.facebook.com/ColvilleTribune)**

**[www.facebook.com/CCTBroadcasts](https://www.facebook.com/CCTBroadcasts)**

### ***What you need to know to protect yourself***

*Older adults and people who have severe underlying chronic medical conditions like heart or lung disease or diabetes seem to be at higher risk for developing more serious complications from COVID-19 illness. Please consult with your health care provider about additional steps you may be able to take to protect yourself.*

### **Know How it Spreads**

- There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19).
- The best way to prevent illness is to avoid being exposed to this virus.
- The virus is thought to spread mainly from person-to-person.
  - Between people who are in close contact with one another (within about 6 feet).
  - Through respiratory droplets produced when an infected person coughs or sneezes.
- These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

### **Take Steps to Protect Yourself**

#### **Clean your hands often**

- Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.
- Avoid touching your eyes, nose, and mouth with unwashed hands.

#### **Avoid close contact**

- Avoid close contact with people who are sick.
- Put distance between yourself and other people if COVID-19 is spreading in your community. This is especially important for people who are at higher risk of getting very sick.

### **Take Steps to Protect Others**

- Stay home if you are sick, except to get medical care. Learn what to do if you are sick.
- Clean AND disinfect frequently touched surfaces daily. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.