



Colville Reservation COVID-19 Response

Daily Update

Friday, April 10, 2020

Colville Reservation

Positive 7

Negative/Pending not available

Okanogan County

Positive 5

Negative 236

Pending 40

Ferry County

Positive 1

Negative/Pending not available

Tribal EOC continues to work with community, regional partners

The Colville Tribal Emergency Operations Center continues to work alongside their partners in preventing the spread of COVID-19.

The Colville Tribes continues to provide essential personal protective equipment and cleaning supplies to local clinics, grocery stores and gas stations, and work with the Area Agency on Aging to protect our most vulnerable populations by providing daily meals delivered to homes, assistance with chores, grocery delivery, access to pharmacies, assistance getting to medical appointments and more.

If you need assistance, or have questions about the tribal response to COVID-19, please call the tribal EOC at 509-634-7350.

For emergencies, call 9-1-1.

Colville Tribal EOC

509-634-7350

**Washington Department
of Health Hotline**

1-800-525-0127

Find more information online:

www.colvilletribes.com/novel-coronavirus

Facebook:

www.facebook.com/ColvilleTribune

www.facebook.com/CCTBroadcasts

What you need to know to protect yourself

Older adults and people who have severe underlying chronic medical conditions like heart or lung disease or diabetes seem to be at higher risk for developing more serious complications from COVID-19 illness. Please consult with your health care provider about additional steps you may be able to take to protect yourself.

Know How it Spreads

- There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19).
- The best way to prevent illness is to avoid being exposed to this virus.
- The virus is thought to spread mainly from person-to-person.
 - Between people who are in close contact with one another (within about 6 feet).
 - Through respiratory droplets produced when an infected person coughs or sneezes.
- These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

Take Steps to Protect Yourself

Clean your hands often

- Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.
- Avoid touching your eyes, nose, and mouth with unwashed hands.

Avoid close contact

- Avoid close contact with people who are sick.
- Put distance between yourself and other people if COVID-19 is spreading in your community. This is especially important for people who are at higher risk of getting very sick.

Take Steps to Protect Others

- Stay home if you are sick, except to get medical care. Learn what to do if you are sick.
- Clean AND disinfect frequently touched surfaces daily. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.