



# Colville Reservation COVID-19 Response

## Daily Update

Saturday, April 11, 2020

### Colville Reservation

Positive 7

Negative/Pending not available

### Nespelem Clinic opens pharmacy window

The Colville Service Unit, in an effort to further ensure the safe and secure access to services during this COVID-19 response, will be offering pharmacy pick-up through the drive thru window at the Nespelem clinic.

Signage will be posted for the route. Patients will be asked to remain at the stop sign until the car in front has fully passed through.

This is done to provide the highest degree of patient privacy possible. If there is a need or request for consultation from the pharmacist that cannot be addressed during the window encounter, the patient will receive a call-in number, so that they may speak directly with the pharmacist.

We appreciate your patience during this new process. The Pharmacy Drive Thru will be available Monday, Tuesday, and Friday from 8:00 am to 4:00 pm with Wednesday from 12 noon to 4:00 pm. The drive thru is not available on Thursdays, pharmacy pick up and drop off will be provided at the front of the Nespelem clinic with a pharmacy courier.

*For emergencies, call 9-1-1.*

**Colville Tribal EOC**

**509-634-7350**

**Washington Department  
of Health Hotline**

**1-800-525-0127**

**Find more information online:**

**[www.colvilletribes.com/novel-coronavirus](http://www.colvilletribes.com/novel-coronavirus)**

**Facebook:**

**[www.facebook.com/ColvilleTribune](https://www.facebook.com/ColvilleTribune)**

**[www.facebook.com/CCTBroadcasts](https://www.facebook.com/CCTBroadcasts)**

### ***What you need to know to protect yourself***

*Older adults and people who have severe underlying chronic medical conditions like heart or lung disease or diabetes seem to be at higher risk for developing more serious complications from COVID-19 illness. Please consult with your health care provider about additional steps you may be able to take to protect yourself.*

### Know How it Spreads

- There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19).
- The best way to prevent illness is to avoid being exposed to this virus.
- The virus is thought to spread mainly from person-to-person.
  - Between people who are in close contact with one another (within about 6 feet).
  - Through respiratory droplets produced when an infected person coughs or sneezes.
- These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

### Take Steps to Protect Yourself

#### Clean your hands often

- Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.
- Avoid touching your eyes, nose, and mouth with unwashed hands.

#### Avoid close contact

- Avoid close contact with people who are sick.
- Put distance between yourself and other people if COVID-19 is spreading in your community. This is especially important for people who are at higher risk of getting very sick.

### Take Steps to Protect Others

- Stay home if you are sick, except to get medical care. Learn what to do if you are sick.
- Clean AND disinfect frequently touched surfaces daily. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.