



Colville Tribal Emergency Operations Center

P: 509-634-7350

Wednesday, April 22, 2020

**Colville Reservation
Positive 7**

Colville Service Unit

(As of April 21)

Tested 37

Positive 1

Negative 34

Pending 3

LRCHC

Test 40

Positive 0

Negative 39

Pending 0

Insufficient sample 1

Outside CSU

Tested N/A

Positive 6

Negative N/A

Pending N/A

Outside LRCHC

Tested 4

Positive 0

Negative 4

Pending N/A

**Tribes, IHS to host Drive-Thru COVID-19
Assessment, Thursday**

The Colville Tribes Emergency Operations Center and Nespelem Service Unit will host a drive-thru COVID-19 Assessment and Screening event Thursday.

The event will be held Thursday from 9 a.m. to 2 p.m. at the Nespelem Agency Campus clinic.

Elders are especially encouraged to use the assessment if they ANY have COVID-19 or flu-like symptoms.

To ensure social distancing, participants are encouraged to have only two passengers in each car.

The event is open to current IHS patients and it is conducted in coordination with the Colville Tribes.

For emergencies, call 9-1-1.

***Colville Tribal EOC
509-634-7350***

***Washington Department of Health Hotline
1-800-525-0127***

***Find more information online:
www.colvilletribes.com/novel-coronavirus***

***Facebook:
www.facebook.com/ColvilleTribune***

For people at higher risk for serious illness

People at higher risk for severe illness, such as older adults, and people with underlying health conditions are also at increased risk of stress due to COVID-19. Special considerations include:

- Older adults and people with disabilities are at increased risk for having mental health concerns, such as depression.
- Mental health problems can present as physical complaints (such as headaches or stomachaches) or cognitive problems (such as having trouble concentrating).
- Doctors may be more likely to miss mental health concerns among
- People with disabilities due to a focus on treating underlying health conditions, compared to people without disabilities.
- Older adults because depression can be mistaken for a normal part of aging.

Common reactions to COVID-19

- Concern about protecting oneself from the virus because they are at higher risk of serious illness.
- Concern that regular medical care or community services may be disrupted due to facility closures or reductions in services and public transport closure.
- Feeling socially isolated, especially if they live alone or are in a community setting that is not allowing visitors because of the outbreak.
- Guilt if loved ones help them with activities of daily living.
- Increased levels of distress if they:
- Have mental health concerns before the outbreak, such as depression.
- Live in lower-income households or have language barriers
- Experience stigma because of age, race or ethnicity, disability, or perceived likelihood of spreading COVID-19.

Support your loved ones

Check in with your loved ones often. Virtual communication can help you and your loved ones feel less lonely and isolated. Consider connecting with loved ones by:

- Telephone
- Email
- Mailing letters or cards
- Text messages
- Video chat
- Social media