



# Colville Reservation COVID-19 Response

## Daily Update

Wednesday, April 8, 2020

### Okanogan County

Positive 5  
Negative 211  
Pending 43

### Ferry County

Positive 1  
Negative 72  
Pending not available

### Colville Reservation

Positive 5  
Negative/Pending not available

### Tribal EOC, IHS to host drive-thru COVID-19 assessment, tomorrow

The Colville Tribal Emergency Operations Center and IHS-Nespelem Service Unit will host a drive-thru COVID-19 assessment and screening, Thursday, as part of the continued effort to slow the spread of COVID-19 on the Colville Reservation.

The event, which is open for current IHS patients with COVID-19 or flu like symptoms, will be held Thursday from 9 a.m. to 2 p.m. at the Nespelem Campus clinic.

Through the drive-thru participants will stay in their vehicles as they are screened and potentially tested for COVID-19 or other illnesses. Elders are encouraged to use the assessment if they have COVID-19 or flu-like symptoms.

To ensure social distancing, participants are encouraged to have only two passengers in each car.

*For emergencies, call 9-1-1.*

**Colville Tribal EOC**  
**509-634-7350**

**Washington Department  
of Health Hotline**  
**1-800-525-0127**

*Find more information online:*

[www.colvilletribes.com/novel-coronavirus](http://www.colvilletribes.com/novel-coronavirus)

*Facebook:*

[www.facebook.com/ColvilleTribune](https://www.facebook.com/ColvilleTribune)

[www.facebook.com/CCTBroadcasts](https://www.facebook.com/CCTBroadcasts)

### ***What you need to know to protect yourself***

*Older adults and people who have severe underlying chronic medical conditions like heart or lung disease or diabetes seem to be at higher risk for developing more serious complications from COVID-19 illness. Please consult with your health care provider about additional steps you may be able to take to protect yourself.*

### Know How it Spreads

- There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19).
- The best way to prevent illness is to avoid being exposed to this virus.
- The virus is thought to spread mainly from person-to-person.
  - Between people who are in close contact with one another (within about 6 feet).
  - Through respiratory droplets produced when an infected person coughs or sneezes.
- These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

### Take Steps to Protect Yourself

#### Clean your hands often

- Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.
- Avoid touching your eyes, nose, and mouth with unwashed hands.

#### Avoid close contact

- Avoid close contact with people who are sick.
- Put distance between yourself and other people if COVID-19 is spreading in your community. This is especially important for people who are at higher risk of getting very sick.

### Take Steps to Protect Others

- Stay home if you are sick, except to get medical care. Learn what to do if you are sick.
- Clean AND disinfect frequently touched surfaces daily. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.