



# Colville Tribal Emergency Operations Center

**P: 509-634-7350**

**Saturday, August 22, 2020**

## Current cases/in isolation on the Colville Reservation

**27**

Omak	15	Keller	2
Nespelem	10	Inchelium	0

## Current quarantine list/awaiting tests

**13**

## Recovered

**140**

*Numbers current as of August 20 at 5:30 p.m.*

## Protect yourself and others

The best way to prevent illness is to avoid being exposed to this virus. You can take steps to slow the spread.

- Maintain good social distance (about 6 feet). This is very important in preventing the spread of COVID-19.
- Wash your hands often with soap and water. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Routinely clean and disinfect frequently touched surfaces.
- Cover your mouth and nose with a mask when around others.

## The virus spreads easily between people

The CDC says, "How easily a virus spreads from person-to-person can vary. Some viruses are highly contagious, like measles, while other viruses do not spread as easily. Another factor is whether the spread is sustained, which means it goes from person-to-person without stopping.

The virus that causes COVID-19 is spreading very easily and sustainably between people. Information from the ongoing COVID-19 pandemic suggests that this virus is spreading more efficiently than influenza, but not as efficiently as measles, which is highly contagious. In general, the more closely a person interacts with others and the longer that interaction, the higher the risk of COVID-19 spread."

***For emergencies, call 9-1-1.***

***Washington Department of Health Hotline***

***1-800-525-0127***

***WA Listens***

***1-833-681-0211***

***Find more information online:***

***www.colvilletribes.com/novel-coronavirus***

## Testing sites on the Colville Reservation

- **Inchelium**  
Lake Roosevelt Community Health Center - Inchelium Community Health Center  
Phone: (509) 722-7006
- **Keller**  
Lake Roosevelt Community Health Center - San Poil Valley Community Health Center
- **Nespelem**  
Colville Service Unit - Nespelem Clinic  
Phone: (509) 634-2913 or (509) 634-2900
- **Omak**  
Colville Service Unit - Omak Clinic  
Phone: (509) 422-7416

## Testing sites off the Colville Reservation

- **Omak**  
Mid Valley Hospital  
Phone: 509-826-1760
- **Confluence Health - Omak**  
Clinic Phone: (509) 826-1800
- **Family Health Center - Omak**  
Phone: (509) 422-5700
- **Brewster**  
Three Rivers Hospital  
Phone: (509) 689-2517
- **Family Health Center - Brewster**  
Phone: (509) 660-2129
- **Tonasket**  
North Valley Hospital  
Phone: (509) 486-2151
- **Twisp/Winthrop**  
Confluence Health - Methow  
Phone: (509) 996-8180
- **Family Health Center - Twisp**  
Phone: (509) 997-2011
- **Grand Coulee**  
Coulee Medical Center  
Phone: (509) 633-1753
- **Colville**  
Providence Health Service  
Phone: (509) 685-2011
- **Chewelah**  
Providence Health Service  
Phone: (509) 685-2011
- **Republic**  
Ferry County Health  
Phone: 509-422-7416

***\*\*Other private providers and health clinics - call ahead and find out if this is available and get instructions from the provider.***