

Colville Tribal Emergency Operations Center

P: 509-634-7350

Saturday, August 29, 2020

FAQs: How does COVID-19 spread?

From Okanogan County Public Health: "Like the common cold or influenza viruses, COVID-19 spreads:

through small virus particles called droplets, produced when an infected person breaths, coughs, or sneezes.

between people who are in close contact with one another (within about 6 feet for 15 minutes or more)."

Know the symptoms of COVID-19

The CDC has reported people with COVID-19 have had a wide range of symptoms, ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

Fever or chills

Cough

Shortness of breath or difficulty breathing

Fatigue

Muscle or body aches Headache

New loss of taste or smell Sore throat

Congestion or runny nose Nausea or vomiting Diarrhea

This list does not include all possible symptoms. CDC has stated they will continue to update this list as we learn more about COVID-19.

The Colville Reservation remains closed through Dec. 31

Public safety measures remain in place on the Colville Reservation The Colville Business Council announced an extension of public safety measures in early July aimed at slowing the spread of COVID-19 on the Colville Indian Reservation. These measures include:

• The Colville Reservation is closed to non-essential visitors through December 31.

All outdoor recreation activities such as camping, fishing, hunting and hiking are permitted only for tribal members and their immediate families who are all residents of the Colville Reservation.

- Public gatherings or camping in groups of 10 or more people is prohibited through September 30.
- A stay at home order for residents of the Colville Reservation is in place through September 30.
- Non-essential business activity is prohibited on the Colville Reservation through September 30

Colville Reservation COVID-19 Quick Facts

Current cases/in isolation on the Colville Reservation

> Omak 7 Nespelem 2 Keller 1 Inchelium 3

Current quarantine list

Numbers current as of August 28 at 3:30 p.m.

Clinics

Lake Roosevelt Community Health Center
- Inchelium
(509) 722-7006

Lake Roosevelt Community Health Center
- San Poil Valley Community Health
(509) 634-7300

Colville Service Unit - Nespelem Clinic Phone: (509) 634-2913

Colville Service Unit - Omak Clinic Phone: (509) 422-7416

For emergencies, call 9-1-1.

Washington Department of Health Hotline 1-800-525-0127

> WA Listens 1-833-681-0211

Find more information online: www.colvilletribes.com/ novel-coronavirus