



# Colville Tribal Emergency Operations Center

**P: 509-634-7350**

**Tuesday, August 25 2020**

## Current cases/in isolation on the Colville Reservation

**11**

|          |   |           |   |
|----------|---|-----------|---|
| Omak     | 2 | Keller    | 0 |
| Nespelem | 6 | Inchelium | 3 |

## Current quarantine list/awaiting tests

**8**

*Numbers current as of August 24 at 5:30 p.m.*

## FAQs: How severe is COVID-19?

From Okanogan County Public Health: "Most people with COVID-19 have mild illness and are able to recover at home without medical care. However, some people have severe illness that leads to hospitalization, ventilation, or even death. Certain people are at higher risk of experiencing severe illness than others, including people who are older, people with underlying health conditions, those who have weakened immune systems, , and pregnant women. However, many people under the age of 60 who are otherwise healthy have experienced severe illness or death. While less common, being young does not make you immune to COVID-19 or the severe illness that can result."

### Protect yourself and your family

Practice everyday prevention actions to help reduce your risk of getting sick and remind everyone in your household to do the same. These actions are

especially important for older adults and people who have severe chronic medical conditions:

- Wear a mask in public places
- Practice physical distancing by keeping 6 feet between yourself and others that not members of your household in public places
- Wash your hands often with soap and water. If not available, use hand sanitizer with more than 60% alcohol.
- Cover your coughs and sneezes with a tissue and throw the used tissue in the trash
- Avoid close contact with people who are sick
- Do not touch your face unless you have just washed your hands and fingertips
- Clean and disinfect frequently touched surfaces and objects (e.g., tables, countertops, light switches, doorknobs, and cabinet handles)

**For emergencies, call 9-1-1.**

**Washington Department of Health Hotline**

**1-800-525-0127**

**WA Listens**

**1-833-681-0211**

**Find more information online:**

**[www.colvilletribes.com/novel-coronavirus](http://www.colvilletribes.com/novel-coronavirus)**

## Testing sites on the Colville Reservation

- **Inchelium**  
Lake Roosevelt Community Health Center - Inchelium Community Health Center  
Phone: (509) 722-7006
- **Keller**  
Lake Roosevelt Community Health Center - San Poil Valley Community Health Center
- **Nespelem**  
Colville Service Unit - Nespelem Clinic  
Phone: (509) 634-2913 or (509) 634-2900
- **Omak**  
Colville Service Unit - Omak Clinic  
Phone: (509) 422-7416

## Testing sites off the Colville Reservation

- **Omak**  
Mid Valley Hospital Phone: 509-826-1760
- **Confluence Health - Omak**  
Clinic Phone: (509) 826-1800
- **Family Health Center - Omak**  
Phone: (509) 422-5700
- **Brewster**  
Three Rivers Hospital Phone: (509) 689-2517
- **Family Health Center - Brewster**  
Phone: (509) 660-2129
- **Tonasket**  
North Valley Hospital Phone: (509) 486-2151
- **Twisp/Winthrop**  
Confluence Health - Methow Phone: (509) 996-8180
- **Family Health Center - Twisp**  
Phone: (509) 997-2011
- **Grand Coulee**  
Coulee Medical Center Phone: (509) 633-1753
- **Colville**  
Providence Health Service Phone: (509) 685-2011
- **Chewelah**  
Providence Health Service Phone: (509) 685-2011
- **Republic**  
Ferry County Health Phone: 509-422-7416

*\*\*Other private providers and health clinics - call ahead and find out if this is available and get instructions from the provider.*